

# ADEL MOHAMAD ALANSARY

## PERSONAL INFORMATION

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- ☐ Marital status: Married.
- ☐ Nationality: Egyptian.
- ☐ Age: 55 years.
- ☐ Place of Birth: Cairo-Egypt

## SUMMARY OF QUALIFICATIONS

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- ☐ November 1992: Ain Shams University, Faculty of Medicine, Graduation with a "Very Good" degree
- ☐ November 1996: MSc degree in Anesthesia and Intensive care from Anesthesia and Intensive care department Faculty of Medicine, Ain Shams University.
- ☐ April 2001: MD degree in Anesthesia and Intensive care from Anesthesia and Intensive care department Faculty of Medicine, Ain Shams University.
- ☐ June 2009: Harvard Diploma for Health Care Leaders. Cairo, Egypt.
- ☐ June 2017: Harvard Diploma for Medical Educators.

## WORK EXPERIENCE

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- ☐ 1993-1994: House officer in Ain Shams University hospitals.
- ☐ 1994-1996: Resident in Anesthesia and Intensive care department in Ain Shams Faculty of medicine. Rotation included the following anesthesia and intensive care departments:
  - ☐ Anesthesia for General surgery.
  - ☐ Anesthesia for emergencies and traumatology.
  - ☐ Anesthesia for ENT surgery.

- ☐ Anesthesia for Ophthalmologic surgery.
- ☐ Anesthesia for Orthopedic surgery.
- ☐ Anesthesia for Pediatric surgery.
- ☐ Anesthesia for Obstetrics and Gynecologic surgery.
- ☐ Anesthesia for Neurosurgery.
- ☐ Anesthesia for Cardiac surgery.
- ☐ Burn intensive care unit dealing with all sorts of burns including smoke inhalation and airway fire, as well as anesthesia for plastic surgical procedures performed for burnt patients.
- ☐ Emphasis was on Anesthesia for cardiac surgery with experience in anesthesia for adult and pediatric cardiac surgeries.
- ☐ 1997-2001: Assistant lecturer in Anesthesia and Intensive care department, Faculty of Medicine, Ain Shams University. Most of that time was dedicated to Anesthesia for cardiac surgery dealing with adult and pediatric patients.
- ☐ 1996-1998: Assistant Anesthetist in Al-Nozha Hospital dealing with all sorts of general and cardiac anesthesia.
- ☐ 1997- 1999: Assistant Cardiac Anesthetist in Madinat Nasr Insurance Hospital, which is a busy hospital having 15-20 open heart surgeries per week, mostly adult.
- ☐ 1997-1998: Intensive care resident in Hawamdia Hospital dealing with surgical critically ill patients.
- ☐ 1998-2001: Intensive care Registrar in DarAlFouad Hospital 6<sup>th</sup> of October city, Cairo-Egypt. This intensive care is a busy unit containing 16 beds and dealing with the following types of patients:
  - ☐ Surgical patients: mainly after open heart surgeries including CABG, Valve surgeries and some pediatric cardiac surgeries. Neurosurgery patients.
  - ☐ Medical patients: patients in severe heart failure, severe sepsis and septic shock, respiratory failure, stroke, renal failure and hepatic failure patients.
  - ☐ Polytrauma and victims of RTA sustaining severe head injuries.
- ☐ 2001-2003: Lecturer in Anesthesia and Intensive care department, Faculty of Medicine, Ain Shams University.

All the time is dedicated to Anesthesia for Cardiac surgery.

- 2001-2003: Intensive care Senior Registrar in Dar AlFouad Hospital 6<sup>th</sup> of October city, Cairo-Egypt. Together with the previously mentioned experience I was involved in the pioneer Living related liver transplantation program in Dar Al-Fouad Hospital being performed for the first time in Egypt. This program included 10 patients until now. The intensive care involvement in this program included preoperative assessment and preparation, immediate postoperative care for 7-14 days postoperatively and clinical follow-up after discharge from the ICU until discharge from the hospital. This also included weekly video conferences with Japanese surgeons conducting the transplantation procedures (Professors Tanaka, and Kiochio from Kyoto University).
- 2003 to 2015: Consultant Pediatric cardiac anesthetist at Ain Shams university cardiothoracic surgery unit.
- 2008 to Current: Assistant Professor of Anesthesia and Critical Care, Faculty of medicine, Ain Shams University, Cairo, Egypt.
- 2024 to Current: Professor of Anesthesiology and Critical Care. Faculty of medicine, Ain Shams University, Cairo, Egypt.
- 2003 to 2009: Deputy Director of Intensive care unit Dar Al-Fouad Hospital. Chairman of Drugs and Therapeutics committee.
- 2006- 2012: Director of the liver transplant ICU in International Medical Center, Cairo, EGYPT.
- 2009- 2014: Director of Intensive Care Unit Dar Al-Fouad Hospital (SICU, CCU and MICU). Chairman of Drugs and Therapeutics committee. Cochairman of Infection control committee.
- 2010- Current: Member of the scientific council of the Egyptian Board Intensive Care Medicine.
- 2010- 2012: Coeditor of the Egyptian Journal of Intensive Care and Trauma (EJICT).
- 2012- Current: Editor of the Egyptian Journal of Intensive Care and Trauma (EJICT).

- 2013- 2015: Deputy Chairman of Organ Transplant Department. Dar Alfouad Hospital.
- 2015- 2020: Chairman of Organ Transplant Department. Dar Alfouad Hospital.
- 2015- 2020: Chairman of Intensive Care Department. Dar Al-Fouad Hospital (SICU, CCU and MICU). Chairman of Drugs and Therapeutics committee. Cochairman of Infection control committee.
- October 2016- Current: Chairman of Adult Cardiac Intensive Care unit in Cardiac Surgical Academy Ain Shams University.
- March 2020- 2024: Chairman of Adult Intensive Care Department Cleopatra Hospital Group.
- Jan 2025- Current: Cleopatra Hospital Group Chief Medical Officer
- January 2020- Current: Head of ECMO program Ain Shams University, Faculty of Medicine. Till now 3 patients were done the latest of whom is a post COVID 19 patient who stayed on ECMO for 58 days.

## EDUCATION

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- June 1986: High school graduation "A+" from Al-Salmia School, Kuwait.
- November 1992: Ain Shams University, Faculty of Medicine, Graduation with a "Very Good" degree.
- November 1996: MSc degree in Anesthesia and Intensive care from Anesthesia and Intensive care department Faculty of Medicine, Ain Shams University. Essay was titled "Role of Preemptive Analgesia in the Management of Acute Postoperative Pain".
- April 2001: MD degree in Anesthesia and Intensive care from Anesthesia and Intensive care department Faculty of Medicine, Ain Shams University. Thesis was titled "Evaluation of Edrophonium Antagonism of Neuromuscular Blockade Induced by Long Acting (Pancuronium) and Short Acting (Mivacurium) Muscle Relaxants.

## ACCREDITATIONS

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- February 1998: BLS Course at Dar Al-Fouad Hospital.
- January 2001: Completion of the Fundamental Critical Care Support Course, SCCM.
- June 2001: ALS Course at Dar Al-Fouad Hospital.
- March 2005: ALS certified provider, European Resuscitation Council.
- September 2003: Observership program in Intensive Care at the Cleveland Clinic Foundation USA.
- June 2009: Harvard Diploma for Health Care Leaders. Cairo, Egypt.
- March 2011: Hemodynamic Monitoring Course, European Society of Intensive Care Medicine, Brussels, Belgium.
- March 2012: ESCMID Postgraduate course on Antimicrobial Stewardship, London.
- August, September 2013: Observership program in Cleveland Clinic specifically for ECMO, ICUs and Transplantation Program.
- October 2013: Ultrasound for critically ill patients, The Lung Summit 2013 Cleveland Clinic, Ohio USA.
- June- October 2019: Observership program of Living Donor Lung Transplantation, Kyoto University, Japan.

Partial List of Supervised MSc and MD thesis:

- Prevention and management of Aspiration pneumonia in the ICU.
- Perioperative Care of the Burn-injured Patient
- EFFECT OF ANAESTHESIA ON THE IMMUNE SYSTEM
- The immune response targets for the treatment of severe sepsis
- Evaluation of transoesophageal echocardiography (TEE) role in trans-catheter device closure of secundum atrial septal defect (ASD)
- Patient safety and quality assurance in anesthesia.
- Updates On Optimal transfusion therapy
- Studying Different Dosage Regimens Of Bisoprolol Fumarate In Post Coronary Artery Bypass Graft Patients
- MANAGEMENT OF THE IMMUNOCOMPROMIZED PATIENT IN THE ICU
- Beta blockers use in major abdominal surgery, effect on MI, stroke and CHF.
- Supraglottic airway devices.

- conditions modulating postcardiac arrest outcome.
- delayed emergence from anesthesia
- Intensive Care management of liver cirrhosis
- Kidney Protection During Liver Transplantation
- NEW STRATEGY FOR MANAGEMENT OF MORBID OBESE PATIENTS IN INTENSIVE CARE UNIT
- Short term effect of vitamin D administration on the clinical outcomes in patients undergoing valve replacement surgery
- Stewart's approach to acid base balance in critically ill patients

## Partial List of international publications:

- Quality of life of Egyptian donors after living-related liver transplantation
- M El-Serafy, AM Kassem, A Alansary, A Omar, A Yosry, G Esmat, R Kamel, ...
- Arab Journal of Gastroenterology 10 (1), 21-24
- Evaluation of a protocol-based intervention to promote timely switching from intravenous to oral paracetamol for post-operative pain management: an interrupted tim...
- N Sabry, D Dawoud, A Alansary, N Hounsoume, D Baines
- Journal of evaluation in clinical practice 21 (6), 1081-1088
- Dexmedetomidine vs morphine and midazolam in the prevention and treatment of delirium after adult cardiac surgery; a randomized, double-blinded clinical trial
- TMA Azeem, NE Yosif, AM Alansary, IM Esmat, AK Mohamed
- Saudi journal of anaesthesia 12 (2), 190
- S-100 B protein and perioperative brain injury in infants and children undergoing open heart surgery using cardiopulmonary bypass
- NM Habeeb, A Al Ansary, N Helmy, OI Youssef, NM Habeeb
- Journal of the Saudi Heart Association 25 (2), 158-159
- Salivary Anion Gap and Na/K ratio as Predictive of Acid-Base Balance after Open Heart Surgery
- AM Hamada, MH Sabry, A Samy, A Alansary
- Life Science Journal 10 (1)
- Candida bloodstream infections in intensive care units: analysis of the extended prevalence of infection in intensive care unit study
- Eli Daniel H Kett, Elie Azoulay, Pablo M Echeverria and EPIC II investigators
- Crit Care Med 39 (4), 665-670

- Coronary bypass surgery in patients aged 70 years and over: Mortality, morbidity, & length of stay. Dar al-fouad experience
- A Ghali, A Al-Banna, GS Yehia Balbaa, A Al-Ansary, A Kamal, H Sengab
- Abstracts/The Egyptian Heart Journal 66, 1-35
  
- SONOGRAPHIC EVALUATION OF THE HEART, LUNG AND DIAPHRAGM DURING WEANING FROM MECHANICALLY VENTILATED CRITICALLY ILL PATIENTS
- NE Youssef, AM Alansary, AA Habib, FN Guirguis
- Ain Shams Medical Journal 71 (4), 1009-1018
- Evaluation of procalcitonin (PCT) as a marker of infection in early post living donated liver transplant period
- EIED Mahmoud, MA Algendy, AM Al-Ansary, MK Noaman
- Transplant Immunology 71, 101549
- Short-term effects of alfalcidol on hospital length of stay in patients undergoing valve replacement surgery: a randomized clinical trial
- SN Naguib, NA Sabry, SF Farid, AM Alansary
- Clinical Therapeutics 43 (1), e1-e18
- Prevalence of infections and antimicrobial use in the acute-care hospital setting in the Middle East: Results from the first point-prevalence survey in the region
- A Alothman, A Al Thaqafi, A Al Ansary, A Zikri, A Fayed, F Khamis, ...
- International Journal of Infectious Diseases 101, 249-258
- PERIOPERATIVE BETA BLOCKER IN HIGH RISK PATIENTS UNDERGOING MAJOR ABDOMINAL SURGERY AND ITS EFFECT ON CARDIOVASCULAR MORTALITY AND MORBIDITY
- GF Kamel, AM Alansary, HS Abdelsamie, RM Hassan, LEA Zakhary
- Ain Shams Medical Journal 70 (4, 5 & 6), 397-407
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- Conferences:
  - a. Organization of the scientific content including workshops of All 10 conferences of the Egyptian Society of Intensive Care and Trauma.
  - b. Organization of several standalone educational activities such as:
    - i. Mechanical Ventilation
    - ii. ICU POCUS
    - iii. Antimicrobial Stewardship
  - c. Participation in ESICM conferences on years 2007, 2009, 2011

- d. Participation in ISICEM conferences on 2008, 2010, 2013
  - e. Participation in ESCMID conferences 2015, 2017
  - f. Participation in ID week 2012
  - g. Participation in Egyptian Society of Bronchology conferences 2006 through 2020
- Member of:
  - a. Egyptian Society of Intensive Care and Trauma
  - b. European Society of Intensive Care medicine
  - c. American Society of Critical care medicine
  - d. Egyptian College of Critical Care physicians
  - e. Egyptian Sepsis Alliance
  - f. Global Sepsis Alliance
  - g. Egyptian Society of Anesthesiologists.
  - h. Egyptian Society of Liver Transplantation
  - i. Egyptian Society of Cardiovascular and Thoracic Anesthesia

## REFERENCES

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- Prof. Dr. Hussein Sabri, FFA. Professor of Anesthesia and Intensive care Ain Shams University. “Former” Chairman of Anesthesia, Intensive care and EMS, Dar Al-Fouad Hospital.
  - Prof. Dr. Samia Sharaf, MD. Professor of Anesthesia and Intensive care Ain Shams University. Head of Cardiac Anesthesia Talaba Insurance Hospital.
  - Dr. Ahmad Ghali, MD, FACC. “Former” Assistant General Manager. Dar Alfouad Hospital. Chairman of Critical Care department. Dar Alfouad Hospital.
  - Prof. Dr. Refaat Refaat Kamel, MD. Professor of Surgery Ain Shams University. Head of Transplant Surgery at Dar Alfouad Hospital.
  - Prof. Dr. Sherif Wadea Chairman of Anesthesia, Intensive Care and Pain Management Department Faculty of Medicine Ain Shams University.
  - Prof. Dr. Mahmoud Almetainy Chairman of Ain Shams University.



- Prof Dr Mohamad Awad Tag Eldin Councilar to HE President of Egypt.